

MTY FOOD GROUP INC.
(The "Company")

May 8, 2006

TSXV trading Symbol: MTY

NEWS RELEASE

AGM 2006

Management of the Company is pleased to announce that at the Annual General Meeting held last Friday, May 5th, 2006, Mr. Stanley Ma, Ms. Claude St-Pierre, Mr. Stephen A. Stone, Mr. Harley Oberfeld, Mr. Jubie Chan, and Mr. Murat Armutlu were all elected as Directors of the Company.

Subsequent to the Annual General Meeting, the Board of Directors re-elected Mr. Stanley Ma, as Chairman of the Board and President/CEO of the Company, while Ms. Claude St-Pierre was re-elected as CFO and Secretary of the Company. Mr. Stephen Stone, Mr. Jubie Chan and Mr. Murat Armutlu were re-elected as members of the Company's Audit Committee.

MTY FOOD GROUP INC.

Stanley Ma, Chairman & President/CEO

For more information please contact Jean-Francois Dube, investor relations at 1-514-226-8475 or by e-mail at jfcine@cgocable.ca or visit our website: www.mtygroup.com This news release was prepared by management who takes full responsibility for its contents. The TSX Venture Exchange neither approves nor disapproves the contents of this news release.