

MTY to develop Thai Express in United Kingdom

TSX Trading Symbol: "MTY"

MONTREAL, March 5, 2012 /CNW Telbec/ - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of 2,263 quick service restaurants, reports today its wholly owned subsidiary, MTY Tiki Ming Enterprises Inc., has signed an area master development agreement with a master franchisee to develop Thai Express in district M25 of United Kingdom.

"We are very proud to see our concepts gaining attention in new parts of the world", says Stanley Ma, President & CEO of MTY Group. "Going into United Kingdom is in line with our strategy to grow our brands locally and internationally".

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information on the Company is available on SEDAR at www.sedar.com.

On Behalf of the Board of Directors of MTY Food Group Inc.

Per: _____
Stanley Ma, Chairman, President & CEO

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For further information:

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CO: MTY FOOD GROUP INC.

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