

MTY Food Group Inc. reports second quarter results

TSX Trading Symbol: "MTY"

MONTREAL, July 5, 2012 /CNW Telbec/ - Montreal, MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of 2,238 quick service restaurants, reports today the operating results for the second quarter of its 2012 fiscal year.

Highlights of the second quarter:

- Earnings per share reach \$0.28 representing an increase of 47% over same period last year
- Same store sales growth of 1.88% during the quarter
- System sales grow 37% to \$172.2 million
- Cash flows from operations of \$7.2 million contribute to liquidity position at quarter end of \$21.7 million
- EBITDA surges by 48% to \$8.6 million
- Revenues grow to \$23.7 million, from \$18.6 million in the second quarter of 2011

In thousands of \$

	3 months ended May 31, 2012	3 months ended May 31, 2011	Variance
Revenue	23,689	18,629	27%
Operating expenses	15,057	12,383	22%
EBITDA	8,632	5,849	48%
Income before taxes	7,728	4,739	63%
Net income attributable to shareholders	5,283	3,583	47%
Basic and diluted EPS	\$0.28	\$0.19	47%
Cash flows from operations	7,181	2,842	153%

Note: These are financial highlights only. Management's Discussion and Analysis, the unaudited condensed interim consolidated financial statements and notes thereto for the quarter ended May 31, 2012 will be available on the SEDAR website at www.sedar.com and on the Company's website at www.mtygroup.com.

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information on the Company is available on SEDAR at www.sedar.com.

**On Behalf of the Board of Directors of
MTY Food Group Inc.**

Per: _____
Stanley Ma, Chairman, President & CEO

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For further information:

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CO: MTY FOOD GROUP INC.

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