MTY FOOD GROUP INC.

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Trading Symbol: TSX Venture "MTY"

NEWS RELEASE

As a result of a review by the British Columbia Securities Commission, we are issuing the following press release to clarify our disclosure.

The Company has amended and refiled its unaudited consolidated interim financial statements for the nine month period ending August 31, 2004. The amended and restated financial statements include the asset allocation and aggregate cash flow figures arising from each of the Company's recent business combinations. The asset allocation information was not available at the time of filing the original interim financial statements. \$1.4 million in temporary investments have been reclassified from current assets to long term assets, because they are security for the Company's long term debt; and \$635,000 in deferred revenue has been reclassified to long term liabilities.

The changes to the financial statements do not affect the Company's previously disclosed net income for the period.

The Company has also filed an amended and restated Management Discussion and Analysis for the same period.

ON BEHALF OF THE BOARD

Claude St-Pierre, Chief Financial Officer

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.