

MTY to develop two of its brands in Lebanon

TSX Trading Symbol: "MTY"

MONTREAL, Feb. 16, 2012 /CNW Telbec/ - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of 2,263 quick service restaurants, reports today its wholly owned subsidiary, MTY Tiki Ming Enterprises Inc., has signed two area master development agreements with a master franchisee to develop two of its brands, Vanellis and Country Style in Lebanon.

"We are very excited to continue our expansion in another new market. We are entering Lebanon with a solid business partner and we are confident that both concepts will be successful in this context", says Stanley Ma, President & CEO of MTY Group. "MTY will continue to look for new opportunities in the MENA region, and other countries in the future".

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information on the Company is available on SEDAR at www.sedar.com.

**On Behalf of the Board of Directors of
MTY Food Group Inc.**

Per: _____
Stanley Ma, Chairman, President & CEO

%SEDAR: 00005286EF

For further information:

For more information please contact Jean-Francois Dube, Investor Relations at 1-450-226-8475 or by email at jfdube@mac.com or visits our website: www.mtygroup.com or visit SEDAR's website at www.sedar.com under the Company's name.

CO: MTY FOOD GROUP INC.

CNW 09:24e 16-FEB-12