MTY changes investor relations representative

TSX Trading Symbol: "MTY"

MONTREAL, Dec. 21, 2012 /CNW Telbec/ - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY), franchisor and operator of multiple concepts of quick service restaurants, today announces that Mr. Jean-François Dubé will no longer be in charge of investor relations for the Company, effective December 31, 2012. The Company wishes to thank Mr. Dubé for his valued services since 2004.

The investor relations for the Company will be handled by Mr. Eric Lefebvre, MTY's Chief Financial Officer. Mr. Lefebvre can be reached at 514-336-8885 or by email at ir@mtygroup.com.

Certain information in this News Release may constitute "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company or industry results, to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" and other terminology. This information reflects current expectations regarding future events and operating performance and speaks only as of the date of this News Release. Except as required by law, we assume no obligation to update or revise forward-looking information to reflect new events or circumstances. Additional information is available in the Company's Management Discussion and Analysis, which can be found on SEDAR at www.sedar.com.

On Behalf of the Board of Directors of
MTY Food Group Inc.

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Stanley Ma, Chairman, President & CEO

SOURCE: MTY FOOD GROUP INC.

%SEDAR: 00005286EF

For further information:

Eric Lefebvre at 514-336-8885 or by email at ir@mtygroup.com or visits our website: www.mtygroup.com or visit SEDAR's website at www.sedar.com under the Company's name.

CO: MTY FOOD GROUP INC.

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