

*iNsu INNOVATIONS GROUP INC.*  
3465 Thimens Blvd. Ville St. Laurent, Quebec, H4R 1V5  
(the "Company")

April 24<sup>th</sup>, 2003

TSX Venture Trading Symbol: "INU"

**FIRST QUARTER RESULTS**

For the first quarter ended February 28, 2003, the Company is pleased to announce a net earnings of \$149,170 or \$0.01 per share compared to a net earnings of \$139,975 or \$0.01 per share for the same period last year. EBITDA for the first quarter increased to \$513,588 from \$440,025 representing an increase of 17% over the same period last year.

Revenues for the restaurant and franchising division increased by 33%, to \$2.35 million for the 3 month-period ended February 28, 2003 from \$1.76 million for the same period last year. EBITDA for the restaurant division increased to \$593,587 from \$439,778 representing an outstanding increase of 35% for the 3 month-period.

Revenues for the computer and technology division down 9% from \$2.41 million to \$2.19 million for the 3 month-period ended February 28, 2003 over the same period last year. EBITDA for the first quarter down by \$76,440 to (\$62,495) from \$13,945 as compared to the same period last year.

The Company had as at February 28, 2003 \$5.01 million of cash and temporary investments compared to \$4.42 million as of February 28, 2002.

**On Behalf of the Board of Directors of  
iNsu Innovations Group Inc.**

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Stanley Ma, Chairman, President & Director

For more information please contact Claude St-Pierre at 514 339 9900 ex. 228 or visit our website: [www.insugroup.com](http://www.insugroup.com) or email [info@insugroup.com](mailto:info@insugroup.com)

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.