

iNsu INNOVATIONS GROUP INC.

3465 Thimens Blvd.
Ville St. Laurent, Quebec
H4R 1V5
(the "Company")

April 10th, 2003

TSX Venture Trading Symbol: "INU"

NEWS RELEASE

The Company has agreed to sell its computer and technology division, owned and operated through its wholly-owned subsidiary, Gold-Tech Computer Systems Ltd. ("Gold-Tech"), which has operated unprofitably for the past few fiscal years, for a nominal amount.

As part of the sale, the Company has agreed to assign its loans receivable from Gold-Tech and Gold-Tech Consulting Inc. to the purchaser for a total purchase price of \$300,000, payable in instalments of \$150,000 on closing and three further consecutive annual instalments of \$50,000 each. The Company has agreed to a three year consulting contract with Gold-Tech for computer consulting and training courses, with annual fees of \$51,500 payable to Gold-Tech at the end of each year of service.

The proposed acquisition does not represent a reverse take-over or change in business of the Company. The sale of Gold-Tech will enable the Company to concentrate its business activities on its restaurant and franchising division. The closing of the agreement is subject to regulatory acceptance.

**On Behalf of the Board of Directors of
iNsu Innovations Group Inc.**

Stanley Ma, Chairman of the Board

For more information please contact Murat Armutlu, CFO at 514 339 9900 ex. 234 or visit our website: www.insugroup.com or email info@insugroup.com

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.