

**MTY FOOD GROUP INC.**  
8210 route Transcanadienne  
St-Laurent, Quebec, H4S 1M5

**NEWS RELEASE**

**MTY COMPLETES THE ACQUISITION OF A MAJORITY INTEREST IN  
TURTLE JACK'S MUSKOKA GRILL, COOP WICKED CHICKEN AND FRAT'S CUCINA**

Montreal, December 4, 2019 - MTY Food Group Inc. ("MTY" or the "Company") (TSX: MTY) announced today that pursuant to the announcement made on October 2<sup>nd</sup>, 2019, one of its wholly-owned subsidiaries has signed an agreement to acquire a 70% interest in Turtle's Jack's Muskoka Grill (<https://turtlejacks.com/>), COOP Wicked Chicken (<http://thecoop.ca/>) and Frat's Cucina (<https://frats.ca/>) (together "Tortoise Group"), three casual dining concepts operating in the province of Ontario.

The current owners of Tortoise Group, Jim and Clark Lishman, will continue in their current roles with MTY. The head office will stay in its current location, in Burlington, Ontario.

**Forward looking information**

Certain information in this News Release constitutes "forward-looking" information that involves known and unknown risks, uncertainties, future expectations and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking information. When used in this News Release, this information may include words such as "anticipate", "estimate", "may", "will", "expect", "believe", "plan" or variations of such words and phrases, or by the use of words or phrases which state that certain actions, events or results may, could, would, or might occur or be achieved. This forward-looking information reflects current expectations and assumptions regarding future events and operating performance and speaks only as of the date of this News Release. Forward-looking information is subject to known and unknown risks, uncertainties and other factors that may cause the actual results, level of activity, performance or achievements of the Company to be materially different from those expressed or implied by such forward-looking information.

A description of additional assumptions used to develop such forward-looking information and a description of additional risk factors that may cause actual results to differ materially from forward-looking information can be found in MTY's disclosure documents on the SEDAR website at [www.sedar.com](http://www.sedar.com). Readers are further cautioned not to place undue reliance on forward-looking information as there can be no assurance that the plans, intentions or expectations upon which they are placed will occur. Forward-looking information contained in this News Release is expressly qualified by this cautionary statement. Except as required by law, the Company assumes no obligation to update or revise forward-looking information to reflect new events or circumstances. The purpose of this information is to provide a potential financial outlook of the combined entity and this information may not be appropriate for other purposes. Additional information is available in the Company's Management Discussion and Analysis, which can be found on SEDAR at [www.sedar.com](http://www.sedar.com).

**On Behalf of the Board of Directors of MTY Food Group Inc.**

---

Eric Lefebvre, CEO

For more information please contact Eric Lefebvre, Chief Executive Officer at 1-514-336-8885 or by email at [ir@mtygroup.com](mailto:ir@mtygroup.com), or visit our website: [www.mtygroup.com](http://www.mtygroup.com) or SEDAR's website at [www.sedar.com](http://www.sedar.com) under the Company's name.