



(TSX: MTY)

**MTY FOOD GROUP INC WILL HOLD A CONFERENCE CALL
TO DISCUSS ITS THIRD QUARTER RESULTS**

OPEN TO: Analysts, investors and all interested parties
DATE: Wednesday, October 10, 2018
TIME: 8:30 AM Eastern Time
CALL: 647-788-4922 (For all Toronto and overseas participants)
1-877-223-4471 (For all other North American participants)

THE THIRD QUARTER RESULTS WILL BE PUBLISHED OCTOBER 10, 2018 BEFORE THE CONFERENCE CALL.

Please dial in 15 minutes before the conference begins.

If you are unable to call in at this time, you may access a recording of the meeting by calling 1-800-585-8367 and entering the passcode 8895705 on your phone. This recording will be available on Wednesday, October 10, 2018 as of 11:00 AM until 11:59 PM on Wednesday, October 17, 2018.

MEDIA WISHING TO QUOTE AN ANALYST SHOULD CONTACT THE ANALYST PERSONALLY FOR PERMISSION.

For further information, please contact Pierre Boucher of MaisonBrison at 514-731-0000.